On the legendary Coronado beachfront, they meet in one incomparable setting at the Spa at The Del. The exceptional spa encapsulates the time-honored powers of the ocean to heal and restore, relax and invigorate. Feel the rhythms of the tides and the caress of the ocean breeze in each pampering treatment. Revel in the magnificent views from the oceanfront, vanishing-edge pool. Find yourself at one with one of nature’s most inspired landscapes, where sand meets surf and pleasure meets purpose.

Welcome to the Spa at The Del.
Inspired by the treasures of the sea, the Del signature services take a unique approach to four spa classics.

**Shell Coronado Massage**
Sea shells hand-selected for their smoothness are gently heated and used to massage you into a state of complete relaxation. Lightly scented aromatherapy oils and lotions enhance the experience.
50 minutes – $160

**Shell Coronado Facial**
Pure marine-based products refresh, lift and hydrate the skin. Warmed, smooth sea shells massage away tension, while chilled shells reduce puffiness around the eyes and mouth. A Perfect Sense™ Paraffin hand and foot treatment completes the experience.
80 minutes – $235

**White Sands Body Polish**
Natural Pacific sea salt, Dead Sea salt and desert mineral salt are infused with a refreshing citrus essential oil blend to create a uniquely invigorating body polish.
50 minutes – $155

**Goddess of the Sea**
This sea-inspired body wrap begins with a gentle sea salt exfoliation followed by a blue algae body mask with cooling, pure aloe vera gel. Ocean-scented aromatic oils detoxify and reduce swelling and puffiness.
50 minutes – $155

For more than a century, The Del has provided a welcome seaside sanctuary for travelers. Celebrate each of the elements that make this setting so special: Sun, Sea and Sand. 3-1/2 hours each – $490

**Del Sol (Sun)**
A Revival 1888 Facial, Slim Again Body Wrap and an Invigorating Exfoliation Scrub followed by a Sun Kissed Tan.

**Del Mar (Sea)**

**Del Playa (Sand)**
Cultures around the world have practiced and refined the art of relaxation for thousands of years. Enjoy our favorite interpretations of classics from across the ocean in a selection of restorative spa journeys.

**Asian Fusion**
The healing techniques of the Pacific Rim find harmony in a relaxing, therapeutic blend of Japanese Shiatsu, Chinese Tui Na, Thai massage and Hawaiian Lomi Lomi.
50 minutes – $155 or 80 minutes – $230

**Lomi Lomi**
Long, flowing strokes from the hands, forearms and elbows relax sore, overworked muscles in a classic Hawaiian massage that evokes the rhythms of Hula, rolling waves and swaying palm trees.
50 minutes – $155 or 80 minutes – $230

**Pre-Natal**
Performed on specially designed cushions and pillows, this light to medium-pressure massage alleviates many of the discomforts associated with pregnancy.
50 minutes – $155 or 80 minutes – $230

**Del Stone**
Ocean-tumbled, smooth basalt stones are heated to massage away tension and sore muscles.
50 minutes – $160 or 80 minutes – $235

**Deep Tissue/Sports**
A vigorous massage that uses deep pressure to release areas of chronic tension and stretches muscles to increase range of motion.
50 minutes – $160 or 80 minutes – $235

**Table Thai**
A classic Thai massage combining pressure-point stimulation and yoga-like stretches, performed clothed on a table.
80 minutes – $230

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**REFLEXOLOGY**
Classic reflexology is combined with a stimulating foot scrub and an application of leg gel.
50 minutes – $155

**Couples Massage**
Celebrate your togetherness with side-by-side massages in the tranquil couples suite. This romantic, relaxing experience is the perfect surprise gift for that someone special. $20 charge to receive service in the couples suite. Choose any two massages.

**Swedish-Esalen**
The quintessential Californian massage uses light to medium pressure and long, flowing strokes to soothe, relax and revitalize.
50 minutes – $155 or 80 minutes – $230

**Hands, Feet & Scalp**
Classic strokes are combined with reflexology on the hands and feet, followed by a relaxing scalp massage.
50 minutes – $155

**Back, Neck & Shoulders**
A great choice for the overworked, over-stressed spa-goer, this massage focuses on the areas that hold the most tension.
50 minutes – $155

**Europe**
Swedish Massage and Del Classic European Facial.
100 minutes – $280

**South Pacific**
Rain Forest Wrap and Lomi Lomi Massage.
100 minutes – $280

**Coronado**
Shell Coronado Facial and Massage.
130 minutes – $345

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Facials

REVIVAL 1888 FACIAL
This anti-aging facial featuring a distinctive blend of fruit acids, fruit enzymes and a special gel peel that lifts away tired, dull cells and dramatically reduces the appearance of fine lines. Rich hyaluronic acid hydrates and plumps the skin, and a Perfect Sense™ Paraffin hand and foot treatment completes the experience.
80 minutes – $235

COMMANDER-IN-CHIEF
This cleansing, toning and hydrating gentleman’s facial uses products formulated exclusively for male skin concerns. Hair is trimmed around the nose, ears and brows for a well-groomed finish—perfect for special occasions.
80 minutes – $235

DEL CLASSIC EUROPEAN
This eight-step, deep-cleansing treatment is custom-tailored to individual complexion and skincare needs. An analysis is followed by cleansing, exfoliation, facial massage, extractions, custom mask, serum and hydration.
50 minutes – $160

WEEKEND WARRIOR
A power facial for the man on the go, this is damage control at its best. A marine mineral complex reduces the effects of sun, sea and elements.
50 minutes – $160

VITAMIN SEA
Concentrated vitamin serums, rich in Vitamin C and marine minerals, combine in a powerful antioxidant facial to restore damaged skin and leave the complexion refreshed and noticeably brighter.
50 minutes – $165

CLARIFYING FACIAL
This intensive treatment gives exceptional results in treating acne-prone skin or problematic complexions.
50 minutes – $165

Restorative Wraps

SUNBURN RELIEF
Cooling aloe vera gel is blended with Hawaiian Noni to immediately reduce the heat and discomfort of too much sun while helping to maintain that tanned glow.
50 minutes – $155

Body Treatments

SUN-KISSED TAN
Enjoy the glow of natural-looking, sun-kissed skin without the sun’s damaging effects.
50 minutes – $130

SLIM AGAIN
This anti-cellulite slimming wrap uses a marine-based solution with natural seaweed to detoxify as a compression wrap takes off the inches—perfect for preparing for a wedding day or bikini season.
50 minutes – $180

BACK FACIAL
Reveal flawless skin with this specialized mask that drains out impurities to reduce breakouts on the back and shoulder areas.
50 minutes – $140

Couples

Choose any exfoliation or restorative wrap treatment to share side-by-side in the privacy of our spacious couples suite, complete with dual waterfall showers. $20 additional charge to receive service in the couples suite. Choose any two body treatments.

Hydrotherapy Soak
Muscles relax and stress melts away as you soak in a state-of-the-art hydrotherapy tub with aromatic bath salts.
30 minutes – $80

Rain Forest Wrap
An invigorating Tropical Sugar Scrub is followed by an organic tropical mud mask to purify, re-mineralize and balance tired, stressed skin. An application of tropical moisturizer soothes overworked muscles and nerves.
50 minutes – $155
Del Scrub
Specially polished walnut shells are blended in a crème base with aromatic oils to gently exfoliate, revealing smooth, beautiful skin.
50 minutes – $155

Tropical Sugar Scrub
This sugar-sweet specialty scrub incorporates rich, aromatic oils from the tropics to buff the skin to a healthy glow, leaving it silky smooth.
50 minutes – $155

Exfoliation

Teen Packages
Teen Treats. Choose any two for $150.
25 minute Swedish Massage
25 minute Express Facial
25 minute Back Facial
25 minute Salt Scrub

Enhancements
Complement your spa experience with any of the following enhancements:
Perfect Sense™ Paraffin Hand or Foot Treatment – $25 each/$40 for hands and feet
Glycolic Facial Peel – $60
Glycolic Hand Treatment – $30
Glycolic Décolleté Treatment – $40
Re-Vital Eyes Enhancing Treatment – $35
Eye Brow Tinting – $30
Eye Lash Tinting – $30

Waxing Services
Brows – $25
Lip – $20
Ears – $15
Nose – $15
Chin – $25
Cheek – $60
Back – $60
Underarms – $35
Forearms – $45
Half Legs – $50
Full Legs – $70
Bikini – $60
Brazilian – $100

Clean-up
re-shape

Exfoliation

Teen Packages
Yamaguchi Salon

CELEBRITY STYLIST AND AUTHOR OF FENG SHUI BEAUTY. BILLY YAMAGUCHI OFFERS A UNIQUE APPROACH TO TOTAL BEAUTY USING FIVE ANCIENT ENERGY ELEMENTS TO HARMONIZE YOUR TRUE STYLE AND PERSONALITY: FIRE, EARTH, METAL, WATER AND WOOD.

YAMAGUCHIBEAUTY.COM
619.522.8808

Manicure/Pedicure Rituals

FENG SHUI MANICURE/PEDICURE
This signature treatment includes cleansing and massage of the hands and feet, exfoliation, paraffin dip, nail shaping, cuticle conditioning, application of emollient balm and polish.
Manicure – $70 or Pedicure – $80

YAMAGUCHI AT SEA MANICURE/PEDICURE
Ginger, Green Tea and Bamboo scents cleanse and exfoliate the skin, followed by a moisturizing marine masque and massage, nail shaping, cuticle conditioning and polish.
Manicure – $75 or Pedicure – $85

YAMAGUCHI TEA MANICURE/PEDICURE
Soak in Soy Milk before a masque of Green Tea Clay is applied to the hands, arms, feet and leg. Followed by a massage with Green Tea Lotion, nail shaping, cuticle conditioning and polish.
Manicure – $75 or Pedicure – $85

YIN YANG PEDICURE
This calming aromatherapy treatment includes a cleansing and massage of the feet, followed by exfoliation, paraffin dip, nail conditioning, application of emollient balm and polish.
$80

SHOGUN SPORTS WARRIOR PEDICURE
In this traditional Japanese bath-style treatment, the feet are immersed in warm water while cool water is gently poured on top. Next, enjoy a Sake soak, followed by a Bamboo massage with Yin Yang Gel, nail conditioning and polish.
$110

HAYAKU MANICURE/PEDICURE
This abbreviated treatment includes nail cleansing, cuticle conditioning, application of emollient balm and polish.
Manicure – $45 or Pedicure – $60

PARAFFIN TREATMENT
This moisturizing treatment for hands and feet includes exfoliation, massage and paraffin dip.
Hands – $25 or Feet – $35

Spa Gels

Full Set – $100
French Manicure or Pedicure added to the above service – $15
Polish Change – $20/$25
Gel Fill – $65
Gel Repair – $10/nail

The Art of Hair

EACH CUT INCLUDES A PERSONALIZED FENG SHUI BEAUTY CONSULTATION.
Feng Shui Hair Cut by Billy Yamaguchi – $260
Feng Shui Shogun Makeover with Billy Yamaguchi – $600
Sr. Designer Cut – from $150
Designer Cut – from $85
Men’s Barbering – from $60

Children’s Hair Services – 30% off with selected stylists

HAIR TREATMENTS

Bamboo Conditioning Treatment – $45
Essential Oil Scalp Treatment – $45
Exfoliate & Restore – $70

COLOUR, STYLE & MAKE-UP

One Process Hair Colour – from $135
Partial Highlights – from $165
Full Highlights – from $225
Style & Dry – from $65
Style & Dry with Flat Iron – from $85

Japanese Hair Straightening – pricing upon consultation

Colour Correction – pricing upon consultation

Extensions – pricing upon consultation

Formal Styling/Up Do – from $85
Makeup Application – from $70
Makeup Lesson – from $110

Bridal Formal Styling/Up Do – from $125
Bridal Makeup – $125

Pre-trial bridal services available at additional cost

Eye Brow Waxing, Shaping or Tinting – $35
How to Maximize your Spa Experience:

**TREATMENT SELECTION**
The spa reservation agents are happy to help you plan the perfect spa experience. To ensure availability, please reserve your services in advance by calling 800-HOTEL DEL or 619-522-8100, or visiting www.hoteldel.com.

**ARRIVAL**
Please arrive 30 minutes prior to your appointment to allow time to be assigned a locker and to change into the plush robe and spa slippers provided. During this time, you may unwind in the Eucalyptus steam, Jacuzzi, relaxation lounge or on the co-ed spa terrace.

**LATE ARRIVALS**
Your appointment is reserved exclusively for you. In order to honor each guest’s spa experience, late arrivals will receive only the remaining time of their appointment.

**CLOTHING OPTIONS**
Bring a bathing suit to enjoy the exclusive vanishing-edge pool on the spa terrace. While most guests are unclothed during treatment and while in the Eucalyptus steam room and Jacuzzi, feel free to disrobe to your individual comfort level. Disposable bathing suits are available.

**AGE REQUIREMENTS**
Young adults 13 and older are welcome to receive spa services. A parent must be on site and provide consent for anyone 17 or younger. Services are scheduled with a same-gender therapist, and young adults can either wear their own bathing suit or a cover-up will be provided.

**SECURING VALUABLES**
We recommend you leave valuables at home or in your guestroom safe. Lockers are available for your personal items.

**HEALTH CONSIDERATIONS**
Please inform the reservation agent at time of booking if you are pregnant, have any medical conditions or allergies. Pregnant women must be in their second or third trimester to receive services. Please indicate when you book if you prefer a male or female therapist and we will do our best to accommodate your request.

**CANCELLATION POLICY**
Should you need to cancel or reschedule your appointment, please notify us 12 hours in advance (24 hours for a Spa Voyage or Journey) to avoid being charged in full. Group reservations are subject to terms of contract. No-shows will be charged in full.

**SERVICE GRATUITY**
Gratuity is not included in the price of regular spa services. If you wish to show your appreciation, you may add a gratuity on the indicated area of the service slip. A 20% gratuity is automatically added to Voyages, Journeys and in-room services.

**SPA GROUPS AND SPECIAL EVENTS**
Spa at The Del specializes in creating memorable group outings including special celebrations such as bridal showers and birthdays. Please call 619.522.8015 for planning assistance.

**DEL GIFT CARDS**
Del Gift Cards are available in any increment and may be redeemed for spa services, shopping, dining and overnight stays. Gift Cards are available at the spa, shops, restaurants, online at delshop.com or by calling 800.HOTEL DEL.